



# The Spirit Speaks

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## Reverend Robin Dawn Bennett

*Reverend Robin Dawn Bennett was an integral part of our Church of Divine Inspiration family while she lived in Rochester. Her smile was contagious as was her loving energy as expressed in the many ways that she served and was apart of our fabric.*



*Robin composed and sang prolifically. She served on our board of directors and was our treasures for part of that time. I am sure that each of us can remember specific ways that that her love and spirit impacted us.*

*Spirit expressed through her music, her artwork and her personal interactions with each of us. She was still a part of us even after moving to Lily Dale, NY. It was like visiting Family at their new home.*

*Now I am Sure we will feel her love occasionally even as she sings, and moves among the Angels.*



## Special Guest

## Reverend Florence Edwards



Reverend Florence Edwards, Pastor of the Hope Memorial Spiritual Church of Brantford Ontario, Canada will be our Guest speaker Sunday 24, 2017. Rev Edwards will also be available for private consultations on Saturday, September 23. Please sign-up at the church or make appointment by calling the church at 585-328- 8908.

## National Day of Prayer September 14 2017

Times of great change challenge us to find our center in the midst of seeming chaos. The spiritual practice of finding peace right where you are, in the midst of any situation, has been the prescription of master teachers through the ages.

Unity is echoing this centuries-old practice during World Day of Prayer 2017, calling for "Peace in the Midst." We're engaging people all over the world with renewed spiritual energy to Pray Peace ... Be Peace ... Do Peace.



## Come Ready To Receive

One only has to visit our church and listen to the lessons given in the form of song, meditations, and the lectures to understand that a participatory response from the attendee is required in order to reap the full benefit of what is given. I would say that the same is true no matter what church you attend. When I have entered any church I find that there is a quiet that accompanies whatever else is going on. Usually no signs are posted to tell me that this is the expectation; it just is the expectation. It is as though when I participate in that quiet, it allows others to be present to the still small voice of God without the disruption of my chatter or other accompanying noise. And it allows me to enter that same space and vibration as well. Many times that can be the most significant part of the entire service because I've moved out of the way of Spirit's lightest touch. Healing of our mind, and spirit and many times our body can take place in these moments.

In our church the Healing Service convenes thirty minutes prior to the worship service. It takes place in the same sanctuary as the worship service, although one must come to the front of the church to be seated on a healing bench. Healing itself can take place no matter where you sit; and it is greatly enhanced by the Silence both within yourself and in the space around each one present. That is why there is a sign posted which reads "Quiet please, healing in progress."

We are blessed to have a dining area and both front porch and back yard for the times we'd like to catch up on news and other goings-on with our church family members. Also spring water is available in the kitchen.

Sharing a cheerful word with our church family is uplifting in its own right and our love flows making all who enter the church feel welcome. As we enter the Silence of the healing service let us all ask God to help us stay mindful that this time belongs to Spirit and those healing angels that provide whatever it is that we need in body mind and soul.

## Trust

I am learning to trust God more each day. Sounds simple doesn't it? However I realize that things like breathing or digesting my supper fall into a group that I know God takes care of, because that's how I was formed from the beginning.

It's those other things I want or try to do that have me just a bit uneasy. Are you listening God? Will you catch me if I lose my balance or find myself in uncharted waters? What if I have to do something I've never done before? How will I know you're there?

That's easy. I AM always with you. I AM in front, clearing a path; I AM surrounding you in My Light and. Love; I AM behind you, urging you to move forward with confidence. Quiet the noises of doubt, frustration, and longing. Reach for Me in your mind and heart. Wrap My Peace around you like a shawl.

Sometimes you will feel Me there but never hold a doubt. That would be like fastening the shoelaces of each shoe with each other! Oh, you could probably walk; but it would be a whole lot easier if you simply trust that I AM with you.

...just a thought



## Harmony

Is when the bees calmed down and went off to somewhere else allowing us a beautiful space.

Is when I lifted a fairly large rock to move it so that I could get up more easily. There sat a toad as large as the palm of my hand. I quietly replaced the roof of his abode and made other plans.

Is when I lowered my car window so that the yellow jacket could escape to freedom outside.

Is when we see God in every situation and in each other.



## What Gifts Has God Given To You?

*Each of us has many gifts that God has given us to develop and use. We have had them all of our lives. Some we have known about and some maybe not. God does not make us do anything; so we can choose to do His (Her) work in this world or we can choose to pass by the opportunities presented to us. Which do you choose to do? This is only a question to ponder in your mind. There are no wrong answers; life is a constant journey and quest for learning and experience. God's plan is that we all come together connecting with our Source as we learn that we are part of its essence.*

*In our worship service we participate in every aspect by opening ourselves to receive the blessings that are ours in each prayer, hymn, lecture and message (whether it is our message or someone else's). We grow in our personal relationship with Spirit and enhance our spiritual selves as we spend time in the silence with the Creator. It is in these times that we can most effectively unfold the specific gifts that God has given us to share with one another. Many gifts are enumerated in the 12th chapter of 1st Corinthians.*

*When we receive a healing or message from a healer or medium, Spirit is ministering to us directly, tending to those areas of our need. When the lecture is given, Spirit has touched the presenter very directly whether the lecture is written, inspirationally spoken or even given with the speaker in trance. God is bringing forth the message intended for each of us. In every instance we owe it to ourselves to quietly absorb every word. I am in awe when I attend a lecture given in trance. The angels seem more tangible as they bring through God's message; I can even feel an increase in the Spirit energy surrounding us all. It is a lesson in "relationship with God". The medium has undoubtedly spent countless hours in developing this gift. This gift is precious, but not more so than the many other ways that God touches and works through us; but the question arises, "Am I willing to give over complete control and trust to allow Spirit in? Or do I tend to help out by giving some of my own interpretation at my level of understanding?" Again these are only steps along the journey of our unfoldment. Whether we are on the giving or receiving end of the exchange, our own discernment of the information is what is most important.*

### True Peace

True peace is the quiet you experience *amid* the noise and storm. You can bring it to you no matter what else is going on around you. Take a moment now to release all of your thoughts. Allow the noises around you to become a low hum at the back of your mind; invite the calm to envelope and comfort you in body, mind and spirit. Hold this feeling. Feel your breath flow in and out. Listen to the rhythm and steadiness of your heartbeat. Relax your body, starting from your head, your ears, your neck, your shoulders; listen to your breath. Feel your chest as it rises and falls. Listen to the sounds of your body as it processes the last nourishment and drink you supplied. Relax into the comfort of your hips and thighs and knees as they support you in your seat; and relax your feet as they are flat against the floor. At this point you are shutting out all of the physical senses as you close your eyes and await the lightest touch of Spirit to impress upon you. There is no set agenda for you to follow at this point and it only for your teachers to guide and work with you for the next few minutes. You will sense when all is done. Be blessed.

### Hispanic Heritage Month 2017

During National Hispanic Heritage Month (September 15 to October 15) we recognize the contributions made and the important presence of Hispanic and Latino Americans to the United States and celebrate their heritage and culture. Marisol Galarza will be our speaker on October 15 at our 10:30 service. Bring a dish to pass for our fellowship after the service



Celebrating  
**HISPANIC  
HERITAGE**





## SEPTEMBER 2017

Sunday, September 3  
 Wednesday, September 6  
 Saturday, September 9  
 Sunday, September 10  
 Wednesday, September 13  
 Sunday, September 17  
 Wednesday, September 20  
 Sunday, September 15  
**Saturday, September 23**

**Sunday, September 24**  
 Wednesday, September 27

Reverend Jeanne Noce, 10:30 AM Service  
 Dolores Rotondi, 7:00 PM Service  
 Prayer and Healing Circle, 10:00 -11:00 AM  
 Reverend Colleen Gordon, 10:30 AM Service  
 Liz Sheen, 7:00 PM Service  
 Reverend Aloma Cason, 10:30 AM Service  
 All Healing Service, 7:00 PM  
 Reverend Aloma Cason, 10:30 AM Service  
**Reverend Florence Edwards; Private Consultations**  
**Please call 328-8908 to make your appointment.**  
**Special Guest Reverend Edwards of Canada; Service 10:30 AM Service.**  
 Patricia Lawrence, 7:00 PM Service

## OCTOBER 2017

Sunday, October 1,  
 Wednesday, October 4  
 Sunday, October 8  
 Wednesday, October 11  
 Saturday, October 14  
**Sunday, October 15**

Wednesday, October 18  
 Sunday, October 22  
 Wednesday, October 25  
 Sunday, October 29

Reverend Aloma Cason, 10:30 AM Service  
 Patricia Lawrence, 7:00 PM Service  
 Reverend Colleen Gordon, 10:30 AM Service  
 Liz Sheen, 7:00 PM Service  
 Prayer and Healing Circle, 10:00 -11:00 AM  
**Marisol Galarza, 10:30 AM Service- Hispanic Heritage Month Cerebration;**  
**Bring a dish to pass**  
 All Healing Service, 7:00 PM Service  
 Reverend Jeanne Noce, 10:30 AM Service  
 Dolores Rotondi, 7:00 PM Service  
 Reverend Colleen Gordon, 10:30 AM Service

